

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Alabama Institute for Deaf and Blind

Month and year of current assessment: June 2021

Date of last Local Wellness Policy revision: January 2018

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: www.aidb.org

Wellness Committee Information

How often does your district wellness committee meet? Every 3 years

District Wellness Coordinator

Name	School	Job Title	Email Address
Shaun Strickland		CNP Director	strickland.shaun@aidb.org

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Shaun Strickland		CNP Director	strickland.shaun@aidb.org

District Wellness Committee Members

Name	School	Job Title	Email Address
Arla Caldwell	ASB	CNP Manager	
Teresa Tackett	ASD	CNP Manager	
Charlotte Taylor	HKS	CNP Manager	
Kellie Milam	CNP	Administrative Assistant	

*See page 13 for space to add Wellness Committee members.

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

<p>Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)</p> <p>To be compliant with the USDA final rule and ALSDE:</p> <ul style="list-style-type: none"> • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. <p>If applicable, list additional school goals below:</p>	<p>Describe progress and next steps:</p> <p>CNP Director and CNP Managers monitors all food and beverages outside of the meal program. CNP Director approves all food and beverage outside of the program.</p>
--	---

<p>Access to free potable water on campus</p> <p>To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools. Water fountains or CNP provide water.</p>	<p>Describe progress and next steps:</p> <p>Available at all schools. Continue plan.</p>
---	---

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

<p>Guidelines for other foods and beverages available on the school campus, but not sold</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</p> <p>If applicable, list additional school goals below:</p>	<p>AIDB President completes form annual for compliance on food and beverages sold. Continue plan.</p>

<p>Marketing and advertising of only foods and beverages that meet Smart Snacks</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<p>Competitive food posters are posted in the cafeterias. Continue plan.</p>

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Physical Activity Goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools: PE offered at all schools.</p>	<p>Physical activities offered at all schools. Continue plan.</p>

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p> <ul style="list-style-type: none"> - Menu Boards - Posters - Bulletin Boards 	<p>Continue current plan.</p>

Section 2. Progress towards Goals continued

***NOTE:** Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district:</p> <ul style="list-style-type: none"> - Scale back Alabama - PE Teachers - Health TEachers 	<p>Continue current plan.</p>

CHECKLIST:

Triennial Assessment was made public:	Date: <u>6/23/2021</u>
Updated Wellness Policy received Board approval: (if applicable)	Date: <u>-</u>
Wellness Policy was made public:	Date: <u>6/23/2021</u>

SIGNATURES:

<u>Shaun Strickland</u>	PRINT NAME: <u>Shaun Strickland</u>
District Wellness Assessment Leader	DATE: <u>6/23/2021</u>

<u>Shaun Strickland</u>	PRINT NAME: <u>Shaun Strickland</u>
District Wellness Coordinator	DATE: <u>6/23/2021</u>

<u>John Mascia</u>	PRINT NAME: <u>John Mascia</u>
Superintendent President	DATE: <u>6-24-2021</u>